

Meghan R. Wilde, Psy.D.

SUMMARY: Over ten years' experience in the mental health field promoting and empowering positive changes in people's lives building relationships with those in the community as well as individually.

SPECIAL SKILLS: Working within a variety of mental health settings and connecting with numerous community organizations has honed these skills:

- **Management** – Influence and optimize team to meet objectives and provide excellent client care
- **Teaching/Mentoring/Supervising** – Facilitate staff learning by hands on experience, observation, presentations, and development of teaching aids
- **Crisis Assessment** – Quickly assess and provide information/referrals/services for those in need
- **Assessment** – Build rapport quickly and obtain necessary information in a clear, concise, and timely manner with a wide variety of individuals-including those who are hostile and resistant to providing information
- **Relationship Building** – Connect with clients as well as community organizations to ensure care
- **Organization** – Excellent multitasking and prioritizing skills that drive the completion of projects in a complex constantly changing environment

WORK EXPERIENCE:

Mental Health Center of Denver (Wellshire Behavioral Services) Denver, CO

Psychologist – 2015-Current

- Provide individual therapy for adults with severe and persistent mental illness, trauma, and substance abuse issues
- Provide crisis intervention
- Primary supervisor for interns-pre and post doc for those in the adult track
- Previously co-led a group for individuals diagnosed with psychotic disorders
- DBT foundationally trained; facilitator of MHCD's DBT program; and engaged in individual therapy, group therapy, and phone coaching.
- Trained in EMDR
- From 2016-2021 responsible for providing the 27-65 training for all new hires and students

Cognitive Therapy Institute, La Jolla, California

Psychologist – 2014

- Provided Cognitive Behavioral Based Therapy to adults

New Vistas Crisis Center, San Diego, California

PSR Specialist (Psychosocial Rehabilitation) – 2004-2014

Post-Doctorate – 2010-2011

Acting Program Coordinator – 2011

Intern – 2004-2005

- Provided services for adults with severe and persistent mental illness and substance abuse issues including, but not limited to
 - Crisis intervention
 - Assessment
 - Individual and group therapy
 - Training of incoming staff and interns
 - Role of Team Lead

INTERNSHIP EXPERIENCE:

St. Vincent de Paul Village, San Diego, California

Intern/Counselor – 2007 to 2008

- Provided individual therapy services for chronically and persistently mentally ill homeless adults
- Co-facilitated group therapy for the co-occurring population
- Responsible for providing crisis intervention
- Provided consultation to case managers regarding mental health and substance abuse issues

Professional Community Services, El Cajon, California

Intern/Counselor – 2006 -2007

- Provided therapy services for individuals, couples, and San Diego Child Protective Services referred clients
- Co-facilitated group therapy for male and female Domestic Violence perpetrators
 - Responsible for providing progress reports to the courts
- Conducted assessments for individuals court mandated to anger management or domestic violence groups
- Responsible for providing crisis intervention

COMPUTER EXPERIENCE:

Microsoft Word
General Maintenance

Microsoft PowerPoint
AVATAR-EMR

Internet Applications

LICENSES:

California (PSY24768)

Issued From: The California Board of Psychology

Issue Date: 12/28/2011

Expiration Date: Currently on Inactive Status

Colorado (PSY0004167)

Issued From: Colorado Department of Regulatory Agencies, Division of Professions and Occupations

Issue Date: 11/28/2014

Expiration Date: 08/31/2023

EDUCATION:

Alliant International University, Psy.D. Clinical Psychology, 2010

Southeast Missouri State University, B.S., Psychology, 2001

Southwestern Illinois College, A.A, General Studies/Psychology, 1999

Certification

- **2006, 2007** Domestic Violence Recovery Program (DVRP) Counselor

Training

- **2020- Military Cultural Competence: An Equine Experience**
- **2020-EMDR Training**
- **2019-CAMS Training**
- **2018-DBT Foundationally Trained**
- **2012** Completed Veterans Training Series: Helping veterans and their families recover from combat (Provided by the County of San Diego through the Behavioral Health and Education Training Academy for Professional Excellence)
- **2013**, Introduction to Geriatric Mental Health-Certificate Training (Provided by the County of San Diego through the Behavioral Health and Education Training Academy for Professional Excellence)
- **Prior trainings** – Crisis Intervention, Dialectical Behavioral Therapy, Motivational Interviewing, Suicidal and Homicidal Risk Assessment, as well as Substance Abuse.

References

Steve Fisher, LPC
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