

Jana Bolduan Lomax, PsyD

SHIFT HEALING

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Licensed Psychologist **Colorado** PSY-3145 2007 – present

EMPLOYMENT EXPERIENCE

Licensed Clinical

Health Psychologist

Owner

Private practice offering Behavioral Medicine and Health Psychology services for adults and older adults facing acute and chronic medical conditions, grief/loss, and caregiver stress. Health care consultation and public speaking services.
2016 – Present

CURRENT

Shift Healing, LLC

Adjunct Assistant Professor

University of Denver - Graduate School of Professional Psychology
Center for Oncology Psychology Excellence Faculty (COPE

Program)

Roles and responsibilities include: Teaching; Doctoral Psychology Candidate Clinical Supervision
2016 – Present

EMPLOYMENT EXPERIENCE

Clinical Health Psychologist

PAST

Cancer Centers of Colorado at Saint Joseph Hospital, SCL Health
Roles and responsibilities include: Program development, implementation, and evaluation; Regulatory compliance; Education and Training; Public speaking; Research project management; and Transformational leadership.
2017 – 2018

Director, Cancer Support Services

Saint Joseph Hospital, Good Samaritan Medical Center, and SCL Health

Roles and responsibilities include: Clinical Health Psychologist Program development, implementation, evaluation, and management; Physician relationships; Regulatory compliance; Education and Training; Development of Training and Education Programs; Public speaking; Research project management; Clinical psychology and Behavioral medicine services; Doctoral Student Supervision; Operations management; Transformational leadership; Budget management; and Healthcare administration.
2010 – 2017

Adjunct Assistant Professor University of Colorado Denver
Department of Psychology, Health Psychology Program
Roles and responsibilities include: Clinical psychology and
Behavioral medicine services; Doctoral Psychology Candidate
Supervision
2015 – 2016

EMPLOYMENT EXPERIENCE **PAST (Continued)**
Assistant Clinical Professor University of Colorado Denver School of Medicine
Department of Medicine, Division of Medical Oncology
LIVESTRONG Survivorship Program
Roles and responsibilities include: Clinical psychology and
Behavioral medicine services for Cancer Survivorship Clinics and
program development
2010 – 2014

Assistant Professor University of Colorado Denver, School of Medicine
Department of Medicine, Division of Medical Oncology
Hematologic Malignancies and Blood and Marrow Transplant Program
Clinical Health Psychologist
Roles and responsibilities include: Clinical psychology and
Behavioral medicine services; Doctoral Student Supervision
2007 – 2010

Counselor and Research Asst AMC Cancer Research Center
Cancer Information and Counseling Line
Lakewood, CO
2004 – 2005

Guidance Consultant ComPsych, Inc., Chicago, IL
2003 – 2004

EDUCATION

Post-Doctoral Training University of Colorado Health Sciences Center
Department of Medicine, School of Medicine
Concentration: Psychosocial Oncology
Hematologic Malignancies/Blood and Marrow Transplant Program

Internship Denver Health Medical Center, Denver, CO
APA-Accredited Clinical Psychology Internship

Doctor of Psychology (PsyD) Illinois School of Professional Psychology
Argosy University, Chicago, IL
APA-Accredited doctoral clinical psychology program
Area of Specialty: Clinical Health Psychology

Master of Arts (MA) Illinois School of Professional Psychology at Argosy University, Chicago, IL
Area of Specialty: Clinical Psychology

Bachelor of Arts (BA)

Miami University, Oxford, OH
Major: Psychology - Minor: Spanish

PUBLICATIONS:

Pina, R (2019). "Looking into the Future of Psychosocial Oncology: A Conversation with **Jana Bolduan Lomax, PsyD.**" ASCO Post, July 25, 2019. <https://www.ascopost.com/issues/july-25-2019/looking-into-the-future-of-psychosocial-oncology/>

Bolduan Lomax, J (2019). "Managing Stress and Anxiety". *Breast Cancer Wellness Vol. 14, No. 1* (2019).
Breastcancerwellness.org

Britt, G.J., Shay, R.C., Rasmussen, M., Vannice, S., **Bolduan Lomax, J.M.** "Psychosocial distress screening at a single urban community oncology center: Trends among Hispanic and Caucasian women with newly diagnosed breast cancer." *Journal of Clinical Oncology*, 35(5_suppl), 198-198 (2017).

Rahm, A. K., Hawkins, R. P., Dearing, J. W., Pingree, S., **Lomax, J. B.**, McDowell, H., ... & Barela, B. "Implementing an evidence-based breast cancer support and communication tool to newly diagnosed patients as standard care in two institutions." *Translational Behavioral Medicine*, 1-9 (2015).

LaRoche, Mary Jane & **Bolduan Lomax, Jana.** "Survivorship Program Development: A Story of the SUCCESS Clinic." *Oncology Nursing Society: Survivorship, Quality of Life, & Rehabilitation – Special Interest Group Newsletter* Vol.11, No. 2 (2013).

Bolduan Lomax, J., Dearing, J., Barela, B., McDowell, H., Pingree, S., Hawkins, R., & Morse, E. (2013, February). Implementation and Dissemination of CHES eHealth Breast Cancer Support in Population-Based Care. In *PSYCHO-ONCOLOGY* (Vol. 22, pp. 62-62).

DeVore, C., **Bolduan Lomax, J.**, Aoyagi, M., & Lehto, M. (2013, February). Psychosocial Distress Screening in a Community Cancer Center: A Descriptive Study of Distress Over the Course of Treatment. *PSYCHO-ONCOLOGY* (Vol. 22, pp. 103-104).

Parry C, **Bolduan Lomax J**, Morningstar, L. & Fairclough, D. (2012). Identification and Correlates of Unmet Service Needs of Adult Leukemia and Lymphoma Survivors after Treatment. *Journal of Oncology Practice*, 8(5): 135-141

Cejka A, Martens K, Leonardi-Warren K, Risendal B, Overholser L, Greffe B, Garrington T, Jones A, **Bolduan Lomax J**, Yamashita T, & Kilbourn K (2012): Psychosocial Adjustment in Adult Survivors of Childhood Cancer. Poster presentation at 2012 American Psychosocial Oncology Society

Itani D, McShane P, Wang S, **Bolduan Lomax J**, McBreen C, & Schlaff W (2011). Demonstration of effective oocyte vitrification (OV) for a fertility preservation program under IRB guidance. Poster Presentation 2011 American Society of Reproductive Medicine

PRESENTATIONS:

Gratitude: A Healing Practice. - Invited Speaker – **Women’s Wellness Symposium** – Lutheran Medical Center, Wheat Ridge CO, December 11, 2019

Scanxiety – Coping with Uncertainty. – Invited Speaker – **Colorado Ovarian Cancer Association** – November 11, 2019

Mental Health Challenges. - Invited Presentation – **Colorado Cancer Coalition Annual Survivorship Symposium** – Denver, CO, November 7, 2019

Survivor Guilt. – Invited Presenter – **Cancer Support Community Staff Training** – Webinar – October 11, 2019

Resilience: Tackling Life’s Ups and Downs. – Invited Presenter – **Climb for a Cure – Fight CRC** - Winter Park, CO, July 2019

PRESENTATIONS – Cont.

Scanxiety – Tools for Managing Life After Treatment is Complete. - Presenter – **CancerCon Stupid Cancer Annual Convention** – Denver, CO April 2019

Scanxiety – Coping with Uncertainty. – Invited Podium Presentation – **Colorado Cancer Coalition Survivorship Symposium** – Lakewood, CO, November 2018

Delivering Robust Survivorship Care. – Invited Podium Presentation – **Metro-Denver Oncology Nursing Society Fall Conference**, October 2018

Gratitude: A Healing Practice. - Invited Speaker – **Women’s Wellness Symposium** – Arvada Center, Arvada, CO
September 2018

Parenting Concerns when Facing Cancer. – Invited Presentation for **Young Survivors Support Group** – Denver, CO
August 2018

Riding the Waves: Coping with Chronic Illness. – Invited Presentation – **Spondylitis Association of America Educational Seminar** – Denver, CO, April 2018

Stress Management for Wellness. – Invited Panelist – **Colorado Women’s Chamber of Commerce**, April 2018

“Cancer Survivorship Guilt.” – **Taboo-ty Podcast for Fight Colorectal Cancer**
Published February 2018

Cancer Survivor Guilt. - Invited webinar presentation - **Rocky Mountain Cancer Centers Psychosocial Oncology Rounds**

January 2018

"Don't Tell Me How to Feel." – **Taboo-ty Podcast for Fight Colorectal Cancer**

Published October 2016: <http://fightcolorectalcancer.org/fight-crc-news/press-releases/dont-tell-me-how-to-feel/>

What They Don't Tell You – The Secret Stuff of Cancer. Invited presentation 2016 **CancerCon** – Stupid Cancer Conference. Denver, CO, April 30, 2016

Survivorship Plan Development and Implementation at Saint Joseph Hospital. Invited Presentation at the **Regional Cancer Registrars Educational Conference**, April 17, 2015.

Women in Healthcare Leadership. Invited presentation for the **MiniCAMP Experience Annual Conference**, Golden, CO, May 16, 2014.

Cancer Survivorship and Care Planning. Invited presentation for the **Metro-Denver Oncology Nursing Society**, April 15, 2014.

Facing Forward: Cancer as a Chronic Illness. Presented at **Leukemia Lymphoma Society Rocky Mountain Blood Cancer Conference**, Denver, CO, April 20, 2013.

Patient-Centered Survivorship Care: Meeting the Requirements for New and Existing Programs. Presented for the **American Psychosocial Oncology Society** on December 4, 2012.

Coping with Cancer in the Workplace. Presented at **Employee Assistance Program Association of Colorado** on September 14, 2012.

Quality of Life Issues in Breast Cancer Survivorship. Presented at **The Sue Miller Day of Caring**, May 12, 2012.

PRESENTATIONS – Cont.

Cancer Survivorship. Presented at **Bladder Cancer Advocacy Network Annual Forum**, Denver, CO, September 24, 2011.

Coping with a Cancer Diagnosis and Thriving as a Cancer Survivor. Presented at **4th Annual Colorado Cancer Day** at Anschutz Medical Campus, November 2010.

Psychosocial and Ethical Concerns in BMT. Presented at **The Children's Hospital and University of Colorado Hospital BMT Units – Nursing Education Bone Marrow Transplantation: Overview 2010**, May 2010.

Caregiver Fatigue and Self-Care: The Challenges of Personal Professional Boundaries in Oncology Nursing. Presented at **Metro-Denver Oncology Nursing Society Fall Conference**, October 2009.

Thriving as a Cancer Survivor. Presented for the **University of Colorado Cancer Center Outreach Symposium** Glenwood Springs, CO, February 2009.

Grief and Bereavement for the Healthcare Provider. Presented for **the 2nd Annual Current Perspectives on Palliative Care and End of Life Care Conference** at the University of Colorado Hospital on October 29, 2007

Grief and Loss: Your Patients and Yourself. Presented for the **Family Medicine Residents** from the University of Colorado at Denver at Denver Health Medical Center, Lowry Family Clinic, Denver, CO, April 2006.

Psychological Impact of Illness. Presented for **Community Voices Health Care Providers** training programs, Denver Health Medical Center, Denver, CO, May 2005.

PROFESSIONAL AFFILIATIONS and COMMUNITY INVOLVEMENT

2019 - Present **Colorado Cancer Coalition** – Steering Committee
2018 **Counselor On The Ground** – 2018 CancerCon Conference - Volunteer
2017 **Committee Member** and **Team Mentor** – SCL Health Innovation Challenge
2016 – 2017 **Council Member** - Community Health Improvement & Outreach Steering Council – Saint Joseph Hospital
2016 – Present **Parent Teacher Association Volunteer** – Fairmount Elementary School, Golden, CO
2015 – 2017 Chairperson - Saint Joseph Hospital Monarch Award committee
2012 – 2014 **Psychiatric Professional Representative** - Good Samaritan Cancer Committee
2013 – 2014 **Committee Member** - Good Samaritan Cancer Care Assistance Fund
2010 – 2017 **Psychiatric Professional Representative** - Saint Joseph Cancer Committee
2010 – 2017 **Psychiatric Professional Representative** - Saint Joseph Hospital Breast Program Leadership Committee
2008 – 2010 **Steering Committee Member**, Schwartz Center Rounds, University of Colorado Cancer Center
2006 – 2010 **Steering Committee Member**, Psychosocial Oncology Programs, University of Colorado Cancer Center
2007 – 2010 Leukemia and Lymphoma Society, Rocky Mountain Chapter
2006 – Present **American Psycho-Oncology Society (APOS)**
2006 – 2014 American Psychological Association membership (Division 38 – Health Psychology)
2007 – 2010 American Society for Blood and Marrow Transplant (ASBMT)
2006 – Present **Colorado Psychological Association**
2008 – 2010 Society of Behavioral Medicine

MENTORING and CLINICAL TRAINING ACTIVITIES

Doctoral Thesis Committee Member: 9 Students

Graduate Student Clinical Training

- Clinical Supervisor for Clinical Psychology Doctoral Students - Department of Hematologic Malignancies, University of Colorado Denver (2007 - 2010)
- Clinical Supervisor for Clinical Psychology Doctoral Students - Department of Psychosocial Oncology, Saint Joseph Cancer Centers of Colorado (2011-2017)
- Community Supervisor for Clinical Psychology Doctoral Students (2016 – Present) – University of Denver Graduate School of Professional Psychology - Center for Oncology Psychology Excellence (COPE)

RESEARCH FUNDING

- Site Co-Investigator** Saint Joseph Hospital/SCL Health 2016 – 2018
Project Title: *A Stepped-Care Intervention to Reduce Disparities in Mental Health Services among Underserved Lung and Head & Neck Cancer Patients and their Caregivers*. University of Colorado (PCORI Funding)
- Site Principal Investigator** Saint Joseph Hospital/SCL Health 2014 – 2016
Project Title: *Evaluating Cancer Survivorship Care Models*
George Washing University Cancer Institute (PCORI funding)
- Site Principal Investigator** Saint Joseph Hospital/SCL Health 2010 – 2015
Project Title: *Implementing CHESS eHealth breast cancer support in population-based care*
National Institutes of Health (1 R01 CA149005-01A1)
- Site Principal Investigator** Saint Joseph Hospital/SCL Health 2010 – 2011
Project Title: *Support Screen: Electronic Distress Screening Feasibility*
Cancer Support Community (Funding)
- Consulting Psychologist** CU SOM, Division of Medical Oncology, *LIVESTRONG Survivorship Care* 2008 – 2014