
ALISON LIEBERMAN, PSY.D.

EDUCATION

- 1998-2003 University of Denver, Graduate School of Professional Psychology, Denver, Colorado
Master of Arts, Clinical Psychology, March 2000
Doctorate of Psychology, August 2003
Specialty Focus: Behavioral Medicine
- 1997-1998 New York University, New York, New York
Graduate coursework in Health Psychology, Psychopathology, Personality Theory, and Psychotherapy
- Fall 1995 University of Queensland, Australia
Butler University Study Abroad Program
- 1993-1997 University of Vermont, Burlington, Vermont
Bachelor of Arts, May 1997
Major: Psychology, Minor: English

CLINICAL EXPERIENCE

- Clinical Psychologist Integrated Behavioral Health Services, Denver Health Medical Center
Aug 2014-Present Denver, Colorado: Director Jennifer Grote, Ph.D.
- Provide integrated behavioral health care within multidisciplinary clinics in women's care, geriatric primary care, hematology/oncology/palliative care for adults in a Safety Net hospital
 - Conduct presurgical mental health evaluations and provide health behavior interventions pre and postoperatively for patients undergoing gastric bypass or sleeve gastrectomy
 - Supervise pre-doctoral interns, postdoctoral fellows, medical residents and present didactic seminars
- Clinical Psychologist Adult Outpatient Behavioral Health Services, Denver Health Medical Center
Oct 2005-Present Denver, Colorado: Chief Psychologist Chris Sheldon, Ph.D.
- Carried 100+ patient caseload on the outpatient adult mental health team in a Safety Net hospital
 - Program development included initiation of health psychology track for interns as well as elective rotations
 - Supervised postdoctoral fellows, pre-doctoral interns, externs and presented didactic seminars
- Clinical Psychologist Chronic Disease Collaborative Diabetes and Depression Team, Woodhull
Mar 2005-Oct 2005 Medical and Mental Health Center, Brooklyn, NY: Team Leader Andrew Chin, M.D.
- Played a key role in performance improvement project implementing the chronic care model to treat patients with diabetes and depression
 - Conducted biopsychosocial assessment and treatment with individuals and groups in the primary care clinic
 - Interventions focused on self-management strategies measuring physical and mental health outcomes
- Clinical Psychologist Adult Outpatient Department, Woodhull Medical and Mental
Mar 2004-Oct 2005 Health Center, Brooklyn, NY: Chief Psychologist James Beacher, Ph.D.
- Carried a 75 patient caseload on the outpatient adult mental health team providing individual, couples, and group therapy in a Safety Net hospital
 - Conducted screenings and intakes, provided short and long term therapy
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- Supervised pre-doctoral interns
- Served as a consultant to hepatology clinic conducting evaluations and treatment of candidates for interferon treatment

RESEARCH EXPERIENCE

Co-PI July 2014	Integrated Primary Care Psychology Training in High-Need Medical Clinics, Denver Health Health Resources and Services Administration - Graduate Psychology Education (GPE) Two year training grant integrating psychology residents into high need primary care clinics and emphasizing evidence based assessment and treatment interventions.
Grant Proposal March 2006	Health Disparities Grant Program, Denver Health Medical Center Grant submitted to Colorado Department of Public Health to fund program implementation to identify individuals with chronic illness and depression at risk for suboptimal health outcomes and provide a collaborative care environment through the integration of a culturally appropriate chronic care coordination program.
Internship Research Oct 2002-Aug 2003	Miami Veterans Administration Medical Center, Miami Evaluation of current intervention used by internship program to facilitate placement of psychology interns in postdoctoral positions. Provided suggestions for performance improvement and presented findings to psychology faculty. Supervisor: P. Gwendolyn Findley, Ph.D.
Doctoral Paper Sept 2000-Aug 2003	Graduate School of Professional Psychology, University of Denver "Incorporating Acceptance and Commitment Therapy into Current Treatments for Vaginismus." Chairperson: John McNeill, Psy.D. Committee members: Gretchen Lobitz, Ph.D., Glen Gravelle, PsyD
Neuropsych Tech Nov 2001-Feb 2002	National Jewish Research and Medical Center, Denver Lab technician for study comparing the current neuropsychological battery used for systemic lupus erythematosus clients versus a shorter neuropsychological battery. Scored batteries, compiled and entered data. Principal investigator: Elizabeth Kozora, Ph.D.
Consultant/Lab Mgr Nov 1997-May 1998	Prevention Relationship Enhancement Program, New York University Lab technician for a longitudinal study examining preventative effects of communication training in premarital couples and the effect of marital satisfaction on health and health behaviors. Served as a consultant to couples during workshops. Conducted phone screenings, administered, scored and coded testing materials. Principal investigator: Peter Fraenkel, Ph.D.
Research Assistant June 1996-Jan 1997	Psychology Department, University of Vermont Assisted in a study involving treatment of secondary eating disorders resulting from gastric bypass surgeries. Conducted client interviews, intakes and library research. Provided systematic desensitization to inpatients to foster normal eating patterns. Principal investigator: James Rosen, Ph.D.
Research Assistant June 1996-Aug 1996	Day One Clinic, South Burlington, Vermont Data collection, subject recruitment and scoring of mental health inventories for a study examining behavioral therapy and token economies as treatment for marijuana and alcohol dependence. Principal investigator: Alan Budney, Ph.D.

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PRESENTATIONS/PAPERS/TEACHING ACTIVITIES/ACADEMIC APPOINTMENTS

Co-author March 2018	Lomonaco-Haycraft, KC, Hyer, J, Tibbits, B, Grote, J, Stainback-Tracy, K, Ulrickson, Lieberman, A, van Bekkum, L, C, Hoffman. Integrated Perinatal Mental Health Care: A National Model of Perinatal Primary Care in Vulnerable Populations. Primary Health Care Research & Development 2018: 1-8.
Instructor 2018-Present	Department of Family Medicine, School of Medicine University of Colorado Academic appointment
Presenter October 2015	Collaborative Family Healthcare Association Annual Conference, Portland, Oregon Expanding integrated care across the lifespan: Knowledge and skills for pediatric and geriatric practice
Presenter October 2015	Collaborative Family Healthcare Association Annual Conference, Portland, Oregon Envisioning the Integration of Behavioral Health in a Women's Care Clinic: A tour of the process a year in
Invited lecturer April 2015	University of Colorado at Colorado Springs, Department of Psychology ACT with Older Adults in the Integrated Care Setting
In-service January 2015	Women's Care Clinic, Denver Health Medical Center Strategies for helping patients with mental health emergencies Presented information regarding mental health holds, use of emergency room, inpatient, consult/liason services and utilization of behavioral health providers (psychologists, psychiatrist) in the women's care clinic.
Panel Member November 2013	Schwartz Rounds, Denver Health Medical Center "Helping patients who don't help themselves" Presentation on working with morbidly obese patients who have difficulty making health behavior changes. Interdisciplinary dialogue focusing on the human dimension of medicine in order to facilitate compassionate care.
Instructor January 2006-2014	Department of Psychiatry, School of Medicine, University of Colorado Co-facilitated discussion groups and patient interviews of first and second year medical students focusing on assessment and treatment of mental health disorders in the context of the medical setting. Evaluated learning objectives, professionalism, independent learning skills and collegial group participation.
Group Facilitator April 2003	University of Miami School of Medicine, Miami Co-facilitated discussion groups of second year medical students focused on relaxation techniques for pain, stress management and the importance of educating patients about the physical manifestations of stress.
Group Facilitator February 2003	University of Miami School of Medicine, Miami Co-facilitated discussion groups of first year medical students focused on breaking bad news to patients, effective communication and empathy, as well as issues of palliative and hospice care.

HONORS, AWARDS and MAJOR ACCOMPLISHMENTS

Heroes of the Heart Award
Star Awards (Reflection of the Denver Health Dozen)
Psi Chi National Psychology Honor Society
2006 Awarded Scholarship to Health and Behavior Change Conference Aspen, CO

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SERVICE ACTIVITIES

Asylum Evaluator 2018-Present	Human Rights Clinic at Denver Health, Denver, CO Conduct mental health evaluations at Denver Health and ICE detention facility to support individuals seeking asylum
Committee Member May 2016-Present	Denver Health Medical Center Schwartz Rounds Planning Committee, Denver, CO Involved in generating topics and selecting panel members for Schwartz Rounds
Committee Member July 2013-Present	Denver Health Medical Center Cancer Committee, Denver, CO Quality improvement committee to improve care to cancer patients. Activities supporting application to become a Center of Excellence by National Comprehensive Cancer Network
Volunteer Aug-Oct 2010	Denver Health Medical Center, Denver, CO Wellness Program Volunteer, "Level One Losers", weight loss program for employees of Denver Health
Volunteer June 2009	Lupus Foundation of America "Walk for Lupus Now," Denver, CO Recognized as "Top Fundraiser"
Television Appearance March 2007	NBC News Affiliate, Denver, CO Segment on mental health issues discussing diagnosis and treatment of Depression and Bipolar disorder.
Contributor Dec 2006	La Voz and Urban Spectrum, Denver, CO Wrote an article for local newspapers on Seasonal Affective Disorder.
Volunteer October 2004	Woodhull Medical and Mental Health Center, Brooklyn, NY Conducted screenings for National Depression Screening Day.
Student Mentor 1999-2002	University of Denver Graduate School of Professional Psychology, Denver, CO Served as a mentor to incoming graduate students.

LICENSURE

New York Psychology License Number 016305-1 (not currently active)
Colorado Psychology License Number 2918

PROFESSIONAL AFFILIATIONS

Collaborative Family Healthcare Association
American Psychosocial Oncology Society
